



Yoga mat (older one-we will be at one with the earth)

Place setting, (plate, fork, spoon, knife)

Tents or RVs

Sleeping bags or bedding

Portable phone charger if needed.

Layers of clothes

Swim suit

Hiking shoes or tennis shoes

Flashlight

Sunscreen

Water bottle

Snacks

Yoga blanket

Yoga blocks

Camp chair (if you might get tired of sittig on your mat)

Bug repellent

Rain coat or poncho